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After 5 Event

The first After 5 Event will be held at the Sebel Resort & Spa Hawkesbury Valley at 5.30pm this Friday 4 February 2011.

A great way to unwind from your busy week. Drinks and nibbles will be served and some exciting activities to play.

Be sure not to miss out on this event

Workshop – 6-8 pm - 9 February 2011

Using Google To Make Your Business Visible Details

I'm The Black Sheep Web Design and Development will give you an insight to using your website and Google to make your business more prominent.

A valuable insight into cost effective internet marketing. All business owners or marketing staff should not miss this workshop.

Chamber Office

The office will re-open at 9.30am on Thursday 3 February 2011. Please note that as of February 2011 Ros will be working on Thursday of each week.

The Executive Team is available during the office closure, please refer to Chamber's website

www.hawkesburychamber.com.au for the contact details of the Executive Team.

Events February 2011

After 5 Event – Friday 4 February 2011

Venue: Sebel Resort & Spa 61 Hawkesbury Valley Way, Windsor

Members and Non members \$5

Workshop – Wednesday 9 February 2011

Using Google To Make Your Business Visible Details

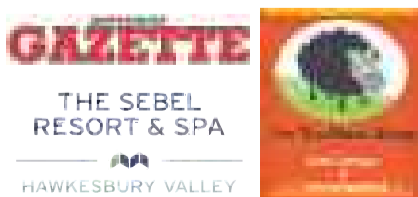
Time: 7-9pm

Venue: In2Motion 104 March Street, Richmond

Chamber Breakfast – Thursday 17 February 2011

Venue: Sebel Resort & Spa 61 Hawkesbury Valley Way, Windsor

Members \$25 Non members \$40



4578 7878

Shop 5, 289 Windsor St, Richmond NSW 2753

PO Box 20, Richmond NSW 2753
membership@hawkesburychamber.com.au
www.hawkesburychamber.com.au

Helping hands at hospital

by Tony Bosworth

THE second intake of 25 medical students has just started work and study at Hawkesbury Hospital's teaching section in a move that has many benefits for patients, said Hawkesbury Medical School's head, Dr Sachint Lal.

"The students will work across medicine, surgery, gynaecology, paediatrics and community care, so it's very broad," Dr Lal said.

As well as working in the hospital's wards, two groups of students will spend time out in the community shadowing GPs.

Students will also be placed for extended periods in specialist areas such as the birthing unit, looking after patients all the way through the birth process.

Dr Lal said this had real benefits for patients, the students and the hospital.

"Because they are not yet doctors, there is a lot of empathy between the students and the patients, which is very good for both the patients and the students," he said.

He said another benefit was that many of the hospital's doctors were increasingly keen to be involved in lecturing to, and helping, the students, which led to both the specialists and the students understanding each others' points of view and issues.

This will ultimately benefit everyone in the hospital chain, from patients to students to medical experts.



Head of the Hawkesbury Clinical School, Associate Professor Sachint Lal and assistant Donna Marlin with medical students (not in order) Michael Davis, Hayden De Mouncey, Matthew Overton, Jason Diab, Jessica Jellins, Katherine Simone-Fitzmaurice, Tomasz Forfa, Kate Gonski, Alexandra Hodgkinson, Rebecca Chan, Katherine Clothier, Ashleigh Ryan, Kate Burns, Blake Knapman, Sophie McGilvray, Gordon Lau, Andrew Loader, Stuart Wade, Hamish Bradley, Edward Campion, David Tralaggan, Kyle Joseph, Jennifer Spence and Kelly Wilkinson.

Cancer crusaders ramp it up

by Tony Bosworth

HAWKESBURY residents could soon have their very own cancer treatment centre in Richmond, thanks to the drive and fundraising efforts of a group of residents.

Fundraising group, the Hawkesbury Living Cancer Trust (HLCT) aims to get a specialist oncology centre up and running by the end of this year, removing the need for cancer patients to travel all the way to Nepean or Westmead hospitals for treatment.

Dr Duncan Guy, HLCT chairman and a specialist cardiologist, said "there can be a number of bad side effects from chemotherapy, including nausea, sickness and sensitivity to sunlight, so it makes sense to receive treatment as close to where you live as possible".

At the moment the Hawkesbury has no specialist cancer treatment centre.

The trust aims to raise \$1million. With \$120,000 raised already, after tomorrow's special race day organised by Hawkesbury Race Club they should have \$200,000 in the kitty.

The cancer centre is planned to be built on the block of land next to historic Tosca on Windsor Street, where Dr Guy already has a medical practice. Full-time staff will include a specialist cancer doctor and a trained chemotherapy nurse.

The cancer practice will initially start out as a private unit but once open Dr Guy said they would lobby for Federal and State funding



Hawkesbury Living's Cancer Trust: Marilyn Mercer (cancer survivor), Kristen Gower (trustee) Graeme Colless (trustee), Vivienne Leggett (trustee), Dr Duncan Guy (chairman Hawkesbury Living Cancer Trust), Renee Palumbo (Richmond Club) and Peter Chidgey (trustee). Photo: Kylie Pitt

with a view to opening the centre up to all cancer sufferers.

HLCT trustee Vivienne Leggett is urging all Hawkesbury residents to think about fundraising activities. "This unit will ultimately benefit all of the community so even if you can raise \$20 it all helps," she said.

This Thursday from 11am, all the sponsorship money from Hawkesbury Race Club's races will go to HLCT and organisers believe that will amount to around \$80,000.

Highlights will be cricketer Glenn McGrath signing autographs, a very comprehensive raffle, and auctions, with prizes including a 50-inch Samsung HD plasma TV, two authentic Norman Lindsay sketches, a 2009 framed and signed Kangaroos jersey, a 2010 framed Australian Open Golf shirt signed by winner Geoff Ogilvy, a Glenn McGrath signed cricket ball, a 21-inch lawn mower worth \$1350, plus assorted prizes of turf and tickets to major sporting events.

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