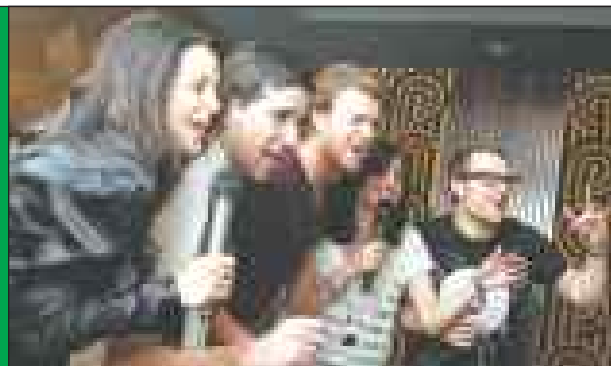


Health rebate cut debate



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Help our cancer centre

by Kietley Isrin

LIKE a scene from Alice in Wonderland, the biggest tea party the Hawkesbury has ever seen will get underway this Friday, July 15.

With hundreds expected to flock to Richmond Oval, organisers are reminding you "not to be late for this very important date".

In2 Motion Physiotherapy and Exercise Physiology, Richmond is helping to raise vital awareness and funds for the planned Hawkesbury Infusion and Chemotherapy Centre, but it needs your help.

"There wouldn't be a person in our local community not directly or indirectly affected by cancer," director of In2 Motion Jason Pilgrim said.

"If we band together as a community, we can get this valuable service up and running and see it go on to be a Hawkesbury legacy as years go on."

Hawkesbury's Largest Morning Tea will kick off at 10am with a number of stalls and activities taking place throughout the morning.

Tea, coffee, cakes, raffles and games are just some of the things to look forward to with the Lions Clubs, CWA, RFS, Rotary, business colleagues, politicians, Bakers Delight, Donut King and local nursing homes all getting behind the worthy cause.

There will also be some fantastic prizes up for grabs including gifts from Sebel Resort and Spa, Health and Beauty vouchers, Hawkesbury Race Club giveaways, gym passes, meat trays and much more.

Mr Pilgrim said the morning will also be used to create awareness and education about cancer, immunity and exercise as a preventative approach.

"We feel that we can utilise our professional ability to help gel the local community together in a project that will no doubt affect all of us," Mr Pilgrim told the Courier.

"We want to be able to spark interest to hopefully raise further funds, but we see the most important thing about this being the ability to promote the education and awareness of not just cancer and preventative measures, but the overall project as a whole.



Human cuppa : (clockwise from top) Glenn Littlebury, Jason Pilgrim, Jessica Mowle, Carly Grant and Shane Warner. Photo: Kylie Pitt

"Often the Hawkesbury is seen as a sleepy place, and hence this project will allow government and organisations to realise the importance of our ageing community and the essential needs of the Hawkesbury.

"We want this event to build community spirit and we are calling on the help of everyone to come together and make this project a success."

McDonald's Richmond and McGraths Hill are currently running a Helping Hands promotion.

You can donate a gold coin and write your name on a helping hand to show your support. All proceeds go directly to the oncology development. Hawkesbury's Infusion and Chemotherapy Centre will consist of chemotherapy and infusion beds, counselling services and a floor dedicated to dementia care.

The vital statistics

Date: Friday, July 15

Time: 10am-11am

Where: Richmond Oval (near the Anzac Memorial)

What to expect: Tea, coffee, morning tea, raffles, cake stalls, fun and games involving community groups and local identities.

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